

	Company	Number	
Outdoor Pursuits	TYF	01437 721611	
	Adventure Beyond	07787 123761	
	Outposts	01823 451959	
	Voyages Of Discovery	01437 720 614	
	Thousand Island Expeditions	01437 721721	
		01437 721686	
	Aquaphobia	01437 720471	
		Evenings 01437 721648	
	Cycle Hire	07875 775323	
	Pembrokeshire Sheep Dogs	01437 720308	
	East Nolton Riding Stables 01437 710360		
Local Amenities	Tourist Infomation Centre	01437 720392	
	Post Office (St David's)	01437 720112	
	Barclays Bank (St David's)	0845 755 5555	
	HSBC (St. David's)	0845 740 4404	
	Lloyds TSB (St. Davids)	0845 300 0000	
	Oak Ventinary Group (St. David's)	01437 721375	
	Oak Vetinary Group (Haverfordwest)	01437 760111	
	Ocean Haze Petrol Station (St. David's)	01437 720112	
	Square & Compass Petrol Station	01348 837766	
	CK's Food Store (St. David's)	01437 721127	
	Mathias Hardware & Camping Supplies	01437 720340	
	Restaurants	Saffron Indian Restaurant (St. David's)	01437 720508
		The Old Pharmacy (Solva)	01437 720005
The Sloop (Porthgain)		01348 831449	
Farmers Arms (St. David's)		01437 721666	
The Ship (Trefin)		01348 831445	
The Bench (St. David's)		01437 721778	
The Old Cross (St. David's)		01437 720387	
The Grove (St. David's)		01437 720341	
The Cwtch (St. David's)		0845 6309957	
Guest Houses	Cwmwdig Water Guest House	01348 831434	
	Pembrokeshire Sheep Dog B&B	01437 721677	
	Caerhys Organic Farm B&B	01348 831244	

Essential Information

EMERGENCY	999
Life Boat / Coastguard	999
St. David's Police (non-emergency)	101

Doctors Surgery (St. David's)	01437 720303
NHS Direct	0845 46 47
Withybush Hospital (Haverfordwest)	01437 764545

Pharmacy (St. David's)	01437 720243
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Dentist (Haverfordwest)	01437 765724
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Taxi's

Tony's Taxi (St. David's)	01437 720931
Franks Cabs (St. David's)	01437 721731
	07974 391522